

SJAC Calendar

❖ SJAC Group Runs

1. Sundays 7:30am from the Haddonfield Running Co.
2. Tuesdays - 5:30am track workouts - Haddonfield HS track
3. Wednesdays - 6:30pm @ HRC - store group run

- ❖ **Saturday Sept. 30, 2017** USATF Mid-Atlantic Grand Prix continues with the [Hands-On-House Half Marathon](#).
- ❖ **Sunday Oct. 8, 2017** USATF Mid-Atlantic Grand Prix continues with the [Delaware Distance Classic 15K](#).
- ❖ **Wednesday Oct. 11, 2017 -8:00pm** Grace Church of Haddonfield parish hall. Regular monthly SJAC meeting.
- ❖ **Sunday Nov. 5, 2017** USATF Mid-Atlantic Grand Prix continues with the [Cooper Norcross Run the Bridge 10K](#).
- ❖ **Wednesday Nov. 8, 2017 -8:00pm** Grace Church of Haddonfield parish hall. Regular monthly SJAC meeting.
- ❖ **Saturday Nov. 18, 2017** USATF Mid-Atlantic Grand Prix continues with the [Rothman Institute 8K and Philadelphia Half Marathon](#).
- ❖ **Sunday Nov. 19, 2017** USATF Mid-Atlantic Grand Prix continues with the [Philadelphia Marathon](#).
- ❖ **Saturday Dec. 2, 2017** join us as SJAC presents the inaugural [Pennypacker Park Cross Country Open](#). Start time for this 5K race is 11:00am.
- ❖ **Wednesday Dec. 13, 2017 -8:00pm** Grace Church of Haddonfield parish hall. Regular monthly SJAC meeting.